



Do you have a friend or relative with dementia and worry that they may go missing?

We appreciate that caring for people with dementia is challenging - and that planning ahead and keeping them safe is really important. There is often a risk that people living with dementia can at some point start to 'walk about'.

While this may only be into the garden or street and returning a short time later, some people can get lost and go missing. This can lead to feelings of confusion, fear and vulnerability for individuals and their families, particularly at night time or during times of extreme weather.

The Herbert Protocol is here to help provide you with reassurance, and help you keep your friends and relatives safe.

As part of making reasonable life adjustments, we want to help by putting a system in place that will help to give the emergency services the best possible information should there be a need for them to become involved in a search for someone with dementia.

The Herbert Protocol is a document which is kept at home or in a safe place, with important information about a vulnerable person which is very useful to the police officer attending. Should they go missing, information is easily on hand about routines, medical requirements and favourite places to visit and can be handed over to the police, alleviating the worry of collecting it together during a stressful time.

To register with the Herbert Protocol and Norfolk Police, please complete the Herbert protocol Form and retain in a safe place. You keep the information and hand it over when the police need it.

If someone goes missing:

This is vital - if you can't find someone in the normal way you would expect to, then you **MUST** call the police on **999**. It is quite normal to worry about calling 999. Some people are concerned that they will be criticised for calling the police, but if you are worried about a person's safety then this will not happen. Please let the police control room know that you have a Herbert Protocol when you report them missing.

Further advice and information is available from the Alzheimer's Society via 01603 763556, or the National Admiral Nurse Team via 0800 8886678.