



Feltwell Surgery

2017 Flu Clinic Dates:

(no appointment necessary – just turn up within these times)

Saturday 14th October – 09.00 – 14.00

Thursday 19th October – 08.00 – 18.30

Are you eligible for a free flu jab?

Flu is contagious and preventable and is very serious to the elderly, those with chronic conditions and pregnant women.

The flu jab helps protect and is FREE. Are you in the list below?

Over 65 - you need a flu jab every year as the virus changes.

Health Conditions - getting flu when you have lung disease, diabetes, heart disease, kidney disease or liver disease can be very serious.

Pregnant - the flu jab will not harm your baby. In fact, it protects both of you.

Carer - get a free jab if you receive carer's allowance or are the main carer of a person whose welfare may be at risk if you fall ill.

Children aged 2 – 3 years on 31st August 2017 - A nasal vaccination will stop them falling ill and spreading it to vulnerable friends and relatives.

Weakened Immune System - Flu can be fatal if you already suffer from a weak immune system. Household contacts of those with a weakened immune system can also get the free jab.

Residential Care - anyone living in a long-stay residential care home or other long-stay care facility can get the free jab too.

It's safe and effective! The flu jab can't give you flu.

Protect yourself, your loved ones, your community and your NHS. Stay well this winter.